

ATTENTION

High levels of lead and arsenic are present in soil and dust at and near the Gilmore townsite and can be very harmful to your health.

Be Safe. Protect Your Health and Your Family's Health.

Children, pregnant women, and women of childbearing age are most at risk and need to avoid exposure.

How can I reduce exposures to metals at Gilmore?

Lead, arsenic, and other metals can enter your body by breathing in (inhaling) or swallowing (ingesting) contaminated dust or soil. Exposure to lead, arsenic, and other metals will be difficult to avoid at and near the Gilmore townsite, especially during activities such as playing, eating, working, riding bikes or ATVs. Limiting the amount of time in the area or avoiding intense exposure can reduce but not eliminate exposure.



When children are present:

- Do not allow children to dig or play in the dirt (e.g., bare soil, muddy areas, mine waste piles).
- Frequently bathe children. If water is not available, wash children with a damp cloth or wet wipes.
- Regularly clean toys, pacifiers, and other items that children put into their mouths.
- Avoid interaction between children and dirty, dusty pets.



When recreating:

- Go slowly. Do not create dust. Follow others at a safe riding distance. Avoid breathing dust.
- Wash hands with soap and water or wipes before eating, drinking, or smoking.
- Avoid disturbing mine waste piles and all other soil throughout the area.
- Eat on a clean table or blanket, not on the ground. Do not eat food that has fallen on the ground.



When staying:

- Avoid tracking dirt inside by removing shoes and dusty clothing before entering.
- Wash or wipe paws and fur of pets before allowing them inside homes or vehicles.
- Wash hands often, especially after outdoor activities and before eating, drinking, and smoking.
- Regularly mop floors and damp-wipe indoor surfaces, such as table and countertops.
- Keep windows and doors closed on windy days.
- Store dirty laundry in garbage bags to wash separately later.



When returning home:

- Remove shoes and wash dirty, dusty clothes separately from other laundry.
- Bathe pets before allowing them to enter your home.
- Wash or use a damp cloth to wipe off camping gear, recreational equipment, and toys.
- Wash vehicles and ATVs to avoid tracking contaminated soil into your garage and home.

For additional information, visit www.deq.idaho.gov/gilmore or call the Idaho Department of Health and Welfare at 1-800-445-8647



STATE OF IDAHO
DEPARTMENT OF
ENVIRONMENTAL QUALITY



IDAHO DEPARTMENT OF
HEALTH & WELFARE
DIVISION OF PUBLIC HEALTH